

2022 Smith Middle School Track & Field

Boys Coaches:

Patrick Dawood: pdawood@troy.k12.mi.us

Duane Losey: dlosey@troy.k12.mi.us

Girls Coaches:

Maddy Reem: mreem@troy.k12.mi.us

Cortney Walls: cwalls@troy.k12.mi.us

Practice & Schedule: Begins on Wednesday, April 13th. Practice will be held **every day** from 3:03-4:15pm unless otherwise announced by the coach. In the event that practice, or a meet, is cancelled an announcement will be made notifying all athletes. Please see the season's schedule below and retain for your reference.

No practice on 4/15, 4/28 & 5/30.

Team pictures will be 4/19

***Please know that athletes are not allowed back to their lockers or in the hallways after practice.
All track members will need to be picked up from practice in the BACK parking lot of Smith.
We appreciate your cooperation with this policy***

Transportation: Busing will ONLY be available (ONE WAY) for Troy and County meets this year
(Not Rochester Meets...PARENTS WILL HAVE TO ORGANIZE TO GET
STUDENT/ATHLETES TO THESE MEETS)

Athletes will need to be picked up from all home/away meet locations.

Plan to pick up your athlete NO LATER than 6:30pm on meet days.

Monday	Tuesday	Wednesday	Thursday	Friday
APRIL 11 Turn in physicals/p2p	12 Turn in physicals/p2p	13 Practice/Meeting Turn in physicals/p2p	14 Practice Turn in physicals/p2p	15 Good Friday. No School/No Practice
18 Practice	19 Team Pictures Practice	20 Practice	21 Practice	22 Specials Practice
25 Practice	26 Practice	27 Practice	28 Half Day No Practice	29 Specials Practice
MAY 2 Mock meet/Practice	3 MEET (H) 4:00 vs WEST	4 Practice	5 MEET (A) 4:00 vs VAN HOSEN	6 Specials Practice
9 Practice	10 MEET (H) 4:00 vs REUTHER	11 Practice	12 Practice	13 Specials Practice
16 Practice	17 Practice	18 Practice	19 MEET (H) 3:45 vs LARSON	20 Specials Practice
23 Practice	24 MEET 3:45 @ BAKER	25 Practice Pizza Party	26 MEET (H) 3:45 vs BOULAN Jersey Turn In	27 Specials Practice
30 No School/No Practice	31 CITY MEET. Troy High School, Early Release	JUNE 1 Practice County Qualifiers only	2 COUNTY MEET Clarkston. Early Release Jersey Turn In County runners	

Track Information

Attendance: We want and encourage all 7th and 8th grade boys and girls to participate in Smith Knight Track and Field. You are welcome to be on the track team even if you have another after school activity that may conflict on some days with our practice schedule. All participants are expected to be at practice on a regular basis unless otherwise arranged with the athlete's coach(es). Attendance and participation at meets is expected.

Discipline: All participants are expected to follow the Smith motto of "Safety, Respect, and Responsibility." Be on time, give your best effort, and have the best interest of the 'team' in mind. Participants who fail to follow these guidelines and the Troy Athletic Code of Conduct may be excluded from competing in a meet and/or asked to leave the team.

Eligibility: All participants must maintain eligibility based on grades and behavior to compete in Track & Field. Please see Smith Handbook for eligibility requirements.

Dress Code: Please be prepared for all types of weather. Practice attire must be appropriate for running and according to the school dress code (no low cut, thin strap, open side tanks/tops, no short shorts, etc.) Running-specific shoes are strongly recommended. Track spikes are not necessary. If purchased, remember we only have 9 meets scheduled (only 7 open to everyone). Spikes should not be longer than 1/8".

Participation Requirements

All Athletes must complete their registration, including a **current physical**, and payment via FINAL FORMS (found on district/smith website). Please upload all necessary documents to that web page.

- FinalForms <https://troy-mi.finalforms.com>
- Physicals can be uploaded directly in FinalForms or turned in to the office
- Pay to Participate fee is paid directly in FinalForms using Stripe
- Students don't have to pay for their 3rd sport—if track is a student's third sport, FinalForms will automatically adjust for this
- TSD has a household max of \$600 for student fees—if a student only has to pay a smaller amount in order to hit the \$600 max, FinalForms automatically adjusts for this